

Analysis Implementation of the Habituation Method in Learning to Memorize the Al-Qur'an at SDN 1 Sawangan

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Abstract: The habituation method is a path that is taken to memorize the holy verses of the Al-Qur'an so that they continue to enter and be maintained in the heart and mind. Routine activities carried out before each lesson in the process of memorizing the Al-Qur'an are carried out at SDN 1 Sawangan. The research model adopted is Qualitative Descriptive. The subject of this research is the PAI Teacher at SDN 1 Sawangan. The research instruments used in this research were observation, interviews, and documentation. From the results of the data obtained, it was found that the habituation method to increase the achievement of SDN 1 Sawangan students in memorizing the Al-Qur'an was considered good and continued to experience an increase in Al-Qur'an memorization every semester, this was due to the habituation method carried out to cultivate culture. memorize continuously (istiqomah) in accordance with the expected goals. This is quite effective and has a positive impact on students because it can form a culture of always memorizing the Al-Qur'an and making it difficult to leave it behind. Meanwhile, minority students still experience problems in memorizing, this is caused by different individual ability backgrounds.

Keywords: Implementation, Habituation Method, Al-Qur'an

Introduction

Al-Qur'an education is the foundation or main thing that must be taught to every student, with the aim of creating a future generation of the nation who are intelligent, educated, and have good character (akhlaqul karimah). In line with the pattern of education based on the systematic revelation, namely education that prioritizes akhlaqul karimah based on the Al-Qur'an (Maryam, Riyadi, and Saugi 2019). The Al-Qur'an is a source of Islamic teachings which contains instructions for living life and life, Allah revealed the Al-Qur'an for humans, especially Muslims, to adhere to the instructions and guidance contained in the Al-Qur'an (Bustanil Arifin & Setiawati, 2021). Islam teaches how to preserve the Al-Qur'an, namely by memorizing it. Memorizing the Al-Qur'an is one way used by Muslims to interact with the word of Allah (Al-Qur'an), which has been going on from generation to generation since

the beginning of the revelation of the Al-Qur'an to the Prophet Muhammad SAW until now. Memorizing the Qur'an by understanding its translation can increase faith (Dewi Maria & Wildan Saugi 2020). When memorizing the Qur'an, there are two important points that must be considered and implemented, namely increasing and maintaining memorization.

Memorizing is a form of activity to store memories that have been observed (seen) and heard. Memorizing the Qur'an is a noble deed, memorizing the Qur'an is very easy if prospective memorizers prepare themselves before starting to memorize the Qur'an. Memorizing the Qur'an will also be easier if the memorizer has a good relationship with Allah SWT, and maintains that relationship with Allah SWT by increasing worship, having good morals, liking to help each other, this can also be called increasing spiritual intelligence (Marliza Oktapiani, 2020). One of the benefits of studying or memorizing the Qur'an is

that it can sharpen the heart and also sharpen the mind (Mayasari 2019).

So, a method for students cannot be generalized, because a good and effective method for one person is not necessarily effective for another (Mila H. & Tatang M., 2022). Meanwhile, according to (Dewi Syafitri Dwi Jayanti, et al., 2023), one of the efforts that can be applied to facilitate memorization is the habituation method. (Fikriyah Istiqomah, et al., 2022) argue that habituation is a way of acting that is obtained through a continuous learning process, and ultimately becomes consistent and spontaneous. The habituation method can also train, guide and accustom students to always be consistent according to their goals, so that in the child it is truly embedded and becomes a habit that is difficult to abandon later (Farida Nur'aini, 2021). Based on the background above, this study will examine the "Habituation Method applied at SDN 1 Sawangan" so that it can determine the success of memorizing the Qur'an.

Materials and Methods

Study area

This research was conducted at SDN 1 Sawangan. This school was chosen as the location of the research because it has implemented the habituation method in learning to memorize the Qur'an.



Figure 1. SDN 1 Sawangan

The research model used is Qualitative Descriptive. This research was chosen because in the research the data to be collected is not in the form of numbers but words. Furthermore, describing and interpreting the events or incidents

experienced in the form of words. Based on the objectives of the research that the researcher will do to describe the analysis of the Al-Qur'an memorization method at SDN 1 Sawangan. The research subjects in this study are Islamic Religious Education Teachers. Data collection techniques and instruments used are observation, interviews, and documentation.

Data analysis

Data analysis is the process of systematically searching and compiling data from interviews and questionnaires. The research analysis process is carried out starting from data collection, data reduction, data presentation and the last step is drawing conclusions.

Results and Discussion

Result

The results of this study indicate that the application of the habituation method in memorizing the Qur'an at SDN 1 Sawangan has a positive impact. By accustoming students to routinely read and repeat memorization, this method has proven effective in improving the ability to memorize the Qur'an. This study aims to reveal the effectiveness of the habituation method in improving students' memorization of the Qur'an at SDN 1 Sawangan. Based on the results of interviews with Islamic Religious Education teachers, several important findings were found. The method of memorizing the Qur'an is very important to apply in an effort to facilitate the process of memorizing the Qur'an. At SDN 1 Sawangan, the habituation method was chosen as the main approach used in memorizing the Qur'an. Habituation is an activity carried out by someone, either individually or in a group, which is the key to facilitating the process of memorizing the Qur'an. By getting used to reading and repeating memorization regularly, students will master the material more quickly. This method is not just memorizing, but also instilling a deep understanding through the appreciation of meaning (fashahah). Fashahah or fluency in reading the Qur'an is the main goal of the

habituation method. When someone is able to read the Qur'an fluently, then the memorization will be easier to remember and pronounce. This method helps students not only memorize word for word, but also understand the meaning and beauty of reading the Qur'an. At SDN 1 Sawangan, the habituation method is applied systematically. The following are the steps for implementing the activity of memorizing the Qur'an with the habituation method at SDN 1 Sawangan.

Table 1. Implementation of Al-Qur'an Memorizing Activities Using the Habituation Method

No.	Form of Activity	Activity
	Preparation	- Explain the purpose of memorization to students, choose relevant memorization according to the material.
	Opening Activities	- The teacher divides students into groups.
	Core activities	- Routine practice, done every day before class. - The teacher reads the verses that students will memorize loudly, clearly and fluently (makhraj and tajwid) and the students pay attention to the teacher's reading. - The teacher asks the students to read the verses that have just been read by the teacher together. - Students memorize the verses that have just been read by reading them repeatedly with their friends.
	Closing Activities	- Conduct an evaluation by submitting memorization to the teacher, if you have memorized everything then other letters in the Qur'an will be added.

Discussion

The influence of this habituation method is effective for students' success in memorizing the Qur'an. Memorizing the Qur'an is something that is closely related to the problem of methods, in principle, memorizers of the Qur'an should have the right, interesting, and comfortable method. Before memorizing, students submit the reading to

be memorized and then listened to by the teacher. After students have finished submitting their new memorization, students are required to repeat the memorization that has been memorized. To determine the level of student success in memorizing the Qur'an with this habituation method, teachers conduct periodic assessments. This assessment does not only focus on the number of verses memorized, but also on the quality of memorization. There are several aspects that are assessed in the memorization repetition test, namely:

1. Makhraj and Tajwid

This aspect is related to the correct pronunciation of the letters of the Qur'an according to the rules of tajwid. The teacher will listen carefully to how students pronounce each letter and ensure that there are no mistakes in makhraj and tajwid.

2. Mufashahah

Mufashahah means fluency in reading the Qur'an. Mufashahah assessment includes fluency and clarity of reading. Students who have good mufashahah will be able to read the Qur'an fluently without interruption.

3. Fluency

Fluency in reading the Qur'an is an important indicator of success in memorizing. Students who memorize fluently show that they have mastered the memorization material well and have no difficulty in reading it.

Activities are held every day before learning begins, this aims to determine students' abilities in memorizing and to maximize the application of methods and aims to train students' mentality in memorizing and muraja'ah in public. In addition, it is to find out the extent of the effectiveness of the methods that have been applied in the process of memorizing the Qur'an. The success of students in memorizing the Qur'an at SDN 1 Sawangan is shown by memorizing juz 30 of the Qur'an. The proof is that 80% of students have memorized using this method. The habituation method in memorizing the Qur'an at SDN 1 Sawangan is a method used to facilitate memorization of the Qur'an. All students are required to memorize the Qur'an according to their abilities. So, with the habituation method in memorizing the Qur'an,

students have good and correct memorization. And by implementing this method, students' memorization will be maintained and always consistent in reviewing both new and old memorization. So that the method applied at SDN 1 Sawangan is effective in making it easier for students to memorize the Qur'an.

The process of implementing the habituation method which is carried out routinely and scheduled every day and continuously will form a disciplined and consistent attitude towards something. In fostering discipline, the habituation method can be said to be an effective alternative. In line with the opinion of (Vivi Fitriyani, 2023) it is stated that the purpose of the habituation method is so that children can instill new attitudes and habits that are more appropriate and positive in the sense that they are in line with contextual needs.

Based on the results of the study, the implementation of the habituation method has a good influence on memorizing the Qur'an at SDN 1 Sawangan. If observed carefully, in the implementation of this activity, there is a stimulus and response that occurs consistently at a fixed time so that students become accustomed to memorizing the Qur'an. This is also in line with Pavlov's theory that the human brain can be conditioned to certain situations with specified stimuli. This means that the brain receives stimuli or stimuli continuously, so it will easily accept input or stimuli (Fatoni, 2024). With this, it can be concluded that starting from something that is accustomed, a habitual character will be formed, namely doing something continuously and making it difficult to leave it. This is what can support the achievement of SDN 1 Sawangan students in memorizing the Qur'an.

Conclusions

After the researcher analyzed the data obtained from the results of the observation and interviews with Islamic Education Teachers at SDN 1 Sawangan, the researcher concluded that the implementation of the habituation method was effective for memorizing the Qur'an. The results of the implementation of this habituation method

clearly have a positive impact that helps students improve their achievement in memorizing the Qur'an, this is supported by the facts studied by the author in the field, namely an increase in memorization achievement in each semester. To minimize boredom and student indifference, an evaluation and renewal of innovations are needed that can support memorization of the Qur'an, one of which is trying and combining it with several other methods.

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